

FINDING PEACE WITHIN

THE
INNER COMPASS

UNIT 6:
THE POWER OF OUR WORDS



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THE POWER OF OUR WORDS

There is nothing too great of an accomplishment for the man who knows the power of his word, and who follows his intuitive leads.

By the word he starts in action unseen forces and can rebuild his body or remould his affairs.

(Florence Scovel Shinn)

Over the past few years the strategy of goal-setting has changed radically in the world of personal development. For many years we were taught to set SMART goals. Goals that were specific, achievable and realistic. Now, there is a great shift as people all over the world are realizing firstly, this way of living only exhausts us as we constantly strive to achieve one goal after another, and secondly, it blocks the way for miracles to occur and for the desired outcome to be achieved in the perfect way. The focus now in this industry of goal setting is to: Set a goal, make it big (even unrealistic and unachievable in the natural process of life), and leave it up to our creative power to decide how to bring it about. This process has been called the Power of Intention or the Law of Attraction. However with these teachings there are two things missing. The first is to combine this new goal setting strategy with the miraculous God-given power of our spoken word, and then follow our intuitive leads.

Our words carry a tremendous vibratory force. Every word we speak has a certain vibratory

frequency attached to it and we will attract into our lives all that is "out there" on that frequency. There are certain letters in the English alphabet that are "voiced" and certain letters that are "unvoiced". Letters such as f and h for example, are unvoiced. And letters such as v and d, are voiced. Our words are made up of both voiced and unvoiced consonants and the voiced consonants carry a vibration.

Try this experiment: Put your hand on your throat and say the letter f, repeating it... ffffffffffffffff. Do you feel a vibration? You shouldn't as it is an unvoiced consonant. Now repeat this process by saying the letter v... vvvvvvvvvvvvvvvv. Do you feel a vibration? Yes? This is because the letter "v" is a voiced consonant and carries a vibration. As a result, when we speak, our words carry a vibration and they go out into the atmosphere to produce an outcome. The book of Isaiah tells us, "My word shall not return unto me void but shall accomplish that for which it has been sent." When we speak, our words combine with what they vibrate to and return to us all that is on that frequency.

One of the greatest tools given to mankind is the ability to release the supply for our every need into our lives through the power of our spoken word.

Our words go forth to accomplish that for which they have been sent and we can trust that they will be returned to us in the perfect way, at the perfect time. Simple trust in our higher power is all that is required for our spoken words to achieve results. When we fully accept that there is an invincible power that desires to protect us and love us and provide for us according to every "righteous" desire of our heart, we can relax and be still and stay calm. With that perfect faith and trust comes a feeling of peace and happiness.

However, our spoken word can also stop that supply from reaching us. When we speak words of fear, doubt and indecision, they have the power to affect the cells in our body and cause disease and disaster in our lives. Words of faith and trust however, have the power to release into our lives all that we need to live happy, healthy, peaceful lives.

Florence Scovel Shinn, author of *Your Word is Your Wand* (written in the 1920's), believes that problems occur when we don't "ask aright". In her book, she teaches a powerful truth; that we are to ask for what we need, speaking the right words regarding that need, and then leave the solution up to God... doing nothing about forming a possible outcome unless we are given a definite lead to take some form of action. Once we are given that lead, we must be diligent and do all that is required of us to do.

A "lead" may be given to us through our intuition or by something we see, read or hear. Our intuition is a spiritual gift. It never explains, it simply points the way. We must learn to trust it as it is never wrong. It often feels like a "hunch", a desire to do something or go somewhere, or talk to a certain

person. It is unmistakable. We will not miss it if we learn to pay attention to these leadings. Through the power of our words we can ask for work, for financial supply to meet a certain need, for help in making decisions, or for anything that we need. Jesus taught us to pray in this way, "Give us this day our daily bread." We can ask for our daily needs to be met, and trust that Infinite wisdom, Infinite Intelligence, will provide every day, in every way.

Speaking positive words over our lives is always a good thing to do, however when we have a specific need we must speak a specific word, believing in simple faith that Infinite Intelligence will provide the answer in his perfect way. Remember, our words carry the power that is required to supply the need, therefore it is important that we choose the right words and select an affirmation that will produce the desired result.

Florence Scovel Shinn states that it is important to use the words "under grace and in the perfect way" when making a specific request. This allows Divine Intelligence to bring about the answer in the perfect way. By asking for our needs to be supplied in this way, it allows the power of God to deliver to us all that we need in his perfect way and not in the way that our limited thinking permits. We are to speak the words and then do nothing until we get a definite lead to proceed in a certain direction or take a specific action.

Power moves mountains. Our words carry the power to move every difficult situation and turn them into something positive. Our task, is to speak the right words; words of love and hope and trust... and then to stay calm and wait for the answer. Stay in faith, believing that Infinite Intelligence will provide for us. He is not an evil father who will withhold all that we need in order to teach us a lesson. It is his desire that we live healthy, happy lives and when we are able to leave the outcome to him, he will never let us down.

When we live in this way, we are unmoved by seemingly adverse situations as we will know there is a great power working on our behalf, so no matter what seems to be going on around us it will be aligned into the perfect result for us when all the 'dust has settled'.

When Ali Baba faced a mountain, he used the famous words... Open Sesame, and the rocks slid apart. What are the mountains in your life that need to slide apart at the right words? Let us vibrate to success, happiness and abundance. Let us vibrate to peace and joy and fulfilment. Speak words that will bring these into your life.

Listen to the affirmation (MP3) on the Power of our Words. Listen to it as often as you can and repeat the phrases aloud if possible. Our words have transformative power. As you speak these words, things will begin to change for you and you will begin to move forward along your path towards freedom.

Exercise:

The Power of Your Words.

What words have you been speaking over your life? Can you identify a pattern between the words you are speaking and the circumstances you are facing?

Journal Ideas:

Make a list of the circumstances in your life that you would like to be different. Now write a positive affirmation for each one. Write these in the present tense; I am, I have...

Speak them out loud every day until you see a change in your circumstances. (If you are consistent, it will not take long!)

Some of the things you could speak over certain situations are:

The walls of lack and delay now crumble away and I enter into my promised land to receive all that is mine by divine right, and in the perfect way.

I have the perfect work, in the perfect way. I give perfect service, for perfect pay.

I am divinely led. I always make the right decisions quickly and easily.

I look with wonder at that which is before me. Miracle shall follow miracle and wonders never cease.

Infinite Intelligence, give me a definite lead. Let me know if there is something I need to do.

(These affirmations are from Florence Scovel Shinn's book: The Game of Life and How to Play It.)

Congratulations!

You have completed Unit 6 on The Power of Our Words. There is only one unit left and it is waiting for you to download it for free. It may be my favourite unit; all about making choices and how they change our lives. But are we always able to make our own choices, or does our past programming dictate to us what choices we make in certain situations?

Go to:

www.rechartyourcourse.com
and download Unit 7: We Change Our Lives Through Our Choices... for free!



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Please email me if this unit has impacted your life. I would love to hear from you!

Skye

The Inner Compass

There are 7 units in The Inner Compass Programme. All of them are free for you to download immediately. There is also a video with each unit, that will help you gain clarity and understanding of the principles taught, as well as a short meditation that you can listen to as often as you desire.

Unit 1: Finding Peace Within

Many of us have spent years searching for peace. I travelled the world trying to find a "place" where I would feel good about myself, comfortable with myself. The search for peace stops when we realise we have been looking in all the wrong places... and go within.

Unit 2: Self-Worth

A strong sense of self-worth is crucial to our well-being. When we base our self-worth on what others think of us or how others view us, we become addicted to pleasing them. Find freedom to become yourself... the real, authentic person you were created to be.

Unit 3: Identity

When we discover our true north, our true identity, we find peace and tranquillity no matter what our circumstances. Discover your unique identity and be free to live it!

Unit 4: Understanding Triggers

What are triggers, how do they affect our lives and how can we overcome them? Be free from the emotions of the past... forever!

Unit 5: Thoughts Create Habits.

Our thoughts are like seeds and every thought-seed we plant in our minds grows to form habits which produce the circumstances in our lives. If we want to change our circumstances, we must start by changing what we think about!

Unit 6: The Power of Our Words

If we knew the power of our words, we would never speak another negative word again. Identify your negative self-talk and discover how to change it!

Unit 7: We Change Our Lives Through Our Choices

Do we really have the ability to make our own choices or is our past programming dictating to us how we live our lives? This revelation will change your life!

This course was written by Skye McKenzie and it is available for you to download for FREE!

www.rechartyourcourse.com